

August 4th & 11th, 2024

Endurance Test: Scott Hahn Reflects on the Eighteenth Sunday in Ordinary Time

Sunday Bible Reflections by Dr. Scott Hahn
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First Reading: Exodus 16:2–4, 12–15 | Psalm 78:3–4, 23–25, 54
Second Reading Ephesians 4:17, 20–24 | Gospel: John 6:24–35

The journey of discipleship is a lifelong exodus from the slavery of sin and death to the holiness of truth on Mount Zion, the promised land of eternal life.

The road can get rough. And when it does, we can be tempted to complain like the Israelites in this week's First Reading.

We have to see these times of hardship as a test of what is in our hearts, a call to trust God more and to purify the motives for our faith (Deuteronomy 8:2–3).

As Paul reminds us in this week's Epistle, we must leave behind our old self-deceptions and desires and live according to the likeness of God in which we are made.

Jesus tells the crowd in this week's Gospel that they are following Him for the wrong reasons. They seek Him because He filled their bellies. The Israelites, too, were content to follow God so long as there was plenty of food.

Food is the most obvious of signs—because it is the most basic of our human needs. We need our daily bread to live. But we cannot live by this bread alone. We need the bread of eternal life that preserves those who believe in Him (Wisdom 16:20, 26).

The manna in the wilderness, like the bread Jesus multiplied for the crowd, was a sign of God's Providence—that we should trust that He will provide.

These signs pointed to their fulfillment in the Eucharist, the abundant bread of angels we sing about in this week's Psalm.

This is the food that God longs to give us. This is the bread we should be seeking. But too often we don't ask for this bread. Instead we seek the perishable stuff of our everyday wants and anxieties. In our weakness we think these things are what we really need.

We have to trust God more. If we seek first His kingdom and His righteousness, all these things will be ours as well (Matthew 6:33).

OUR LADY OF FATIMA ONLINE MINISTRIES

The Rosary

Emil & Irah Tirona are hosting an online interactive rosary, Mondays at 7:30pm.

For those interested, kindly send an email to Emil and Irah (irahtirona@gmail.com), so you may be added to the online invitation. Please call 514-617-4021 if you need any online technical assistance or have questions.

HOMILIES AND REFLECTIONS

During the current COVID restrictions, while the parish is either closed to the public or limited in the number of those who can gather for mass, from time to time Fr. Jason will post on the parish website a homily or reflection on various faith related subjects. You can find the homilies at the following link: <http://www.olof.ca/homilies/>

SAINTLY WISDOM

“Through Holy Communion Jesus is born, develops, and perfects Himself within us. If we but knew the gifts and virtues that Communion brings to us, we would continuously long for it.”

- *Saint Peter Julian Eymard*

ADORATION

Come spend some time with Our Lord.

Tuesdays 6pm to 7pm (*mass at 7pm*)

Thursdays 8am to 9am (*mass at 9am*)

Fridays 9:30am to 10:30am (*mass at 9am*)

First Saturday of the Month 10:30am to 11:30am (*mass at 10am*)

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed
through the mercy of God rest in peace.

ANNOUNCED MASSES
August 3rd – 18th, 2024

Saturday 10:00 a.m.	Aug. 3rd	Weekday Catheryne Porsenna – Thanksgiving
Saturday .4:30 p.m..	Aug. 3rd	Sunday Vigil Wilfredo, Flora & Winifred Lanzaderas – RIP – by the family
Sunday 9:00 a.m.	Aug. 4th	18th Sunday in Ordinary Time (Year B) Father Ward and Father Moon – RIP – by Cecile Romea
11:00 a.m.		<i>Pro Populo</i>
Monday	Aug. 5th	NO MASS
Tuesday 7:00 p.m.	Aug. 6th	Transfiguration of the Lord Virgilio Saldana – RIP – by Anna Jaronel
Wednesday 9:00 a.m.	Aug. 7th	Weekday Andrew and Maggie – Anniversary Blessings – by the Lynes family
Thursday 9:00 a.m.	Aug. 8th	Saint Dominic Raymond Jack – Special Intention
Friday 9:00 a.m.	Aug. 9th	Weekday Raymond Jack – Special Intention
Saturday 4:30 p.m.	Aug. 10th	Sunday Vigil Rosalinda Tirona - RIP – by Emil & Irah Tirona
Sunday 9:00 a.m.	Aug. 11th	19th Sunday in Ordinary Time (Year B) <i>Pro Populo</i>
11:00 a.m.		Kiara Palanca - Thanksgiving
Monday	Aug. 12th	NO MASS
Tuesday 7:00 p.m.	Aug. 13th	Saints Pontian & Hippolytus Calixto & Domeciana Romea – RIP – by the family
Wednesday 9:00 a.m.	Aug. 14th	Saint Maximilian Kolbe Marlon Mojica & Lenida Atas -Thanksgiving & Birthday Blessings
Thursday 9:00 a.m.	Aug. 15th	Assumption of the Blessed Virgin Mary Veronique Legare Roy – RIP – by Ofelia Roy
Friday 9:00 a.m.	Aug. 16th	Weekday Raymond Jack – Special Intention
Saturday .4:30 p.m..	Aug. 17th	Sunday Vigil Beloved Uncle, Adam Depa – RIP – by Irene Depa
Sunday 9:00 a.m.	Aug. 18th	20th Sunday in Ordinary Time (Year B) Eduardo Ramal Sr. – RIP – by Agrefina Ramal
11:00 a.m.		<i>Pro Populo</i>

THE FIVE PRAYERS OF FATIMA

The Fatima Prayer/Decade Prayer

(Mary told the children that people should add this prayer to the end of each decade of the Rosary.)

“O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.”

The Sacrifice Prayer

(Mary gave the children this prayer, as well as the Fatima Prayer/Decade Prayer, on June 13th, 1917. The prayer is meant to be recited when you are offering up suffering to God.)

“O Jesus, it is for the love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners [that I do this].”

The Pardon Prayer

(This prayer was given to the children by the angel that visited them in 1916, the year before Mary appeared to them.)

“My God, I believe, I adore, I hope and I love Thee! I beg pardon for all those that do not believe, do not adore, do not hope and do not love Thee.”

The Angel’s Prayer

(This is another prayer given to the children by the angel. There was a Eucharistic host and chalice suspended in the air, and the angel led them in kneeling before it and praying this prayer.)

“O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary I beg the conversion of poor sinners.”

The Eucharistic Prayer

(When Mary appeared to the children for the first time on May 13, 1917, she said, “You will have much to suffer, but the grace of God will be your comfort.” According to Lucia, a bright light shone all around them, and without thinking about it, they all started reciting this prayer.)

“Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament.”