

**September 14<sup>th</sup> & 21<sup>st</sup>, 2025**

## **The Promised Land: Scott Hahn Reflects on the Exaltation of the Holy Cross**

Sunday Bible Reflections by Dr. Scott Hahn  
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First Reading: Numbers 21:4b-9 | Psalm 78:1bc-2, 34-35, 36-37, 38  
Second Reading: Philippians 2:6-11 | Gospel: John 3:13-17

Today's feast embodies a great mystery. Like the people of Israel in the first reading, we are called to a long journey to the Promised Land of heaven. Like them, we can lose patience and fall into sin, sin that can literally kill us (Numbers 21:4-5). Like them, our only hope for salvation is to cling to God's merciful provision.

Pope Benedict XVI summed it up beautifully in a 2008 homily given in Lourdes:

*"The Gospel for this feast reminds us of the meaning of this great mystery: God so loved the world that he gave his only Son, so that men might be saved (Jn 3:16).*

*The Son of God became vulnerable, assuming the condition of a slave, obedient even to death, death on a cross (cf. Phil 2:8). By his Cross we are saved. The instrument of torture which, on Good Friday, manifested God's judgment on the world, has become a source of life, pardon, mercy, a sign of reconciliation and peace. "In order to be healed from sin, gaze upon Christ crucified!" said Saint Augustine."*

By raising our eyes towards the Crucified one, we adore him who came to take upon himself the sin of the world and to give us eternal life.

And the Church invites us proudly to lift up this glorious Cross so that the world can see the full extent of the love of the Crucified one for all, for us men. She invites us to give thanks to God because from a tree which brought death, life has burst out anew.

On this wood Jesus reveals to us his sovereign majesty, he reveals to us that he is exalted in glory. Yes, "Come, let us adore him!" In our midst is he who loved us even to giving his life for us, he who invites every human being to draw near to him with trust.

### **SPECIAL MASSES**

Special masses will be held on **September 15<sup>th</sup>, Monday, at 8:00 A.M.**, in honor of Our Lady of Sorrows and on **September 29<sup>th</sup>, Monday, at 8:00 A.M.**, to celebrate the feast day of Saints Michael, Gabriel & Raphael.

### **PRAYER AND BIBLE STUDY GROUP**

You are warmly invited to join our Prayer and Bible Study Group starting this September at Our Lady of Fatima Parish! This will be a meaningful and Spirit-filled time to grow in faith, pray together, explore God's Word, and discern His personal message to you. Whether you are new to the faith, prayer, the Bible or have been reading it for years, all are invited. Come as you are, bring a friend, an open heart, and a desire to know Jesus more deeply. We look forward to growing in faith with you!

Sessions will be Every 1st and 3rd Saturdays of every month, from 7:30am to 9:45am. Next session is on Sept. 20th, then Oct. 4th, then Oct. 18th, and onwards! ***For the 1st Saturdays of the month, after the sessions, everyone is encouraged to attend the 10am Mass and Adoration.***

For more info and to register, please call 514-617-4021 or email [emiltirona@gmail.com](mailto:emiltirona@gmail.com).

### **OUR LADY OF FATIMA ONLINE MINISTRIES**

#### **The Rosary**

Emil & Irah Tirona are hosting an online interactive rosary Mondays at 7:30pm. For those interested, kindly send an email to Emil and Irah ([irahtirona@gmail.com](mailto:irahtirona@gmail.com)), so you may be added to the online invitation. Please call 514-617-4021 if you need any online technical assistance or have questions.

## **HOMILIES AND REFLECTIONS**

During the current COVID restrictions, while the parish is either closed to the public or limited in the number of those who can gather for mass, from time to time Fr. Jason will post on the parish website a homily or reflection on various faith related subjects. You can find the homilies at the following link: <http://www.olof.ca/homilies/>

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## **ADORATION**

**Come spend some time with Our Lord.**

Tuesdays 6pm to 7pm (*mass at 7pm*)

Thursdays 8am to 9am (*mass at 9am*)

Fridays 9:30am to 10:30am (*mass at 9am*)

First Saturday of the Month 10:30am to 11:30am (*mass at 10am*)

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## **SAINTLY WISDOM**

"I see Mary everywhere. I see difficulties nowhere"

- *St. Maximilian Kolbe*

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Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.  
May their souls and the souls of all the faithful departed  
through the mercy of God rest in peace.

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**ANNOUNCED MASSES**  
**September 13<sup>th</sup> – 28<sup>th</sup>, 2025**

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|--|------------------------------|--|
| <b>Saturday</b><br>4:30 p.m.                 | <b>Sept. 13<sup>th</sup></b> | <b>Sunday Vigil</b><br>In Thanksgiving to the Holy Spirit – by the Lynes family  |
| <b>Sunday</b><br>9:00 a.m.<br><br>11:00 a.m. | <b>Sept. 14<sup>th</sup></b> | <b>Exaltation of the Holy Cross (Year C)</b><br><i>Pro Populo</i><br><br>Amalia Kebe – RIP – by the family             |
| <b>Monday</b><br>8:00 a.m.                   | <b>Sept. 15<sup>th</sup></b> | <b>Our Lady of Sorrows</b><br>Charlie Kirk – RIP – and for his family  |
| <b>Tuesday</b><br>7:00 p.m.                  | <b>Sept. 16<sup>th</sup></b> | <b>Saints Cornelius &amp; Cyprian</b><br>MelyTorres – RIP – by Emil & Irah   |
| <b>Wednesday</b><br>9:00 a.m.                | <b>Sept. 17<sup>th</sup></b> | <b>Saint Robert Bellarmine</b><br>Linayah Cyr-Mojica – Blessings and Thanksgiving – by the family                      |
| <b>Thursday</b><br>9:00 a.m.                 | <b>Sept. 18<sup>th</sup></b> | <b>Weekday</b><br>Nancy Morena – RIP – by the family   |
| <b>Friday</b><br>9:00 a.m.                   | <b>Sept. 19<sup>th</sup></b> | <b>Saint Januarius</b><br>Amalia Lebron Mourelo – RIP – by Jose Mourelo  |
| <b>Saturday</b><br>4:30 p.m.                 | <b>Sept. 20<sup>th</sup></b> | <b>Sunday Vigil</b><br>Kathryn Sonowski – RIP – by the Lietner family  |
| <b>Sunday</b><br>9:00 a.m.<br><br>11:00 a.m. | <b>Sept. 21<sup>st</sup></b> | <b>25<sup>th</sup> Sunday in Ordinary Time (Year C)</b><br>Marie Letourneau – RIP – by Jose<br><br><i>Pro Populo</i>   |
| <b>Monday</b>                                | <b>Sept. 22<sup>nd</sup></b> | <b>NO MASS</b>   |
| <b>Tuesday</b><br>7:00 p.m.                  | <b>Sept. 23<sup>rd</sup></b> | <b>Saint Pius of Pietrelcina</b><br>Giuseppe Pagliaro – RIP – by Anna Stabile  |
| <b>Wednesday</b><br>9:00 a.m.                | <b>Sept. 24<sup>th</sup></b> | <b>Blessed EmilieTavernier-Gamelin</b><br>In Thanksgivingto the Holy Trinity and the Holy Family – by the Lynes family |
| <b>Thursday</b><br>9:00 a.m..                | <b>Sept. 25<sup>th</sup></b> | <b>Weekday</b><br>Tim and Nat Piper – Special Intentions – by Linda & Kevin Piper                                      |
| <b>Friday</b><br>9:00 a.m.                   | <b>Sept. 26<sup>th</sup></b> | <b>Saints John de Brebeuf, Isaac Jogues &amp; Companions</b><br>Anne Alice Aloysius – RIP – by Julia                   |
| <b>Saturday</b><br>4:30 p.m.                 | <b>Sept. 27<sup>th</sup></b> | <b>Sunday Vigil</b><br>Emma Palanca - Thanksgiving   |
| <b>Sunday</b><br>9:00 a.m.<br><br>11:00 a.m. | <b>Sept. 28<sup>th</sup></b> | <b>26<sup>th</sup> Sunday in Ordinary Time (Year C)</b><br>Hong Xiang – Blessins – by Jose<br><br><i>Pro Populo</i>    |

## THE FIVE PRAYERS OF FATIMA

### **The Fatima Prayer/Decade Prayer**

*(Mary told the children that people should add this prayer to the end of each decade of the Rosary.)*

“O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.”

### **The Sacrifice Prayer**

*(Mary gave the children this prayer, as well as the Fatima Prayer/Decade Prayer, on June 13th, 1917. The prayer is meant to be recited when you are offering up suffering to God.)*

“O Jesus, it is for the love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners [that I do this].”

### **The Pardon Prayer**

*(This prayer was given to the children by the angel that visited them in 1916, the year before Mary appeared to them.)*

“My God, I believe, I adore, I hope and I love Thee! I beg pardon for all those that do not believe, do not adore, do not hope and do not love Thee.”

### **The Angel's Prayer**

*(This is another prayer given to the children by the angel. There was a Eucharistic host and chalice suspended in the air, and the angel led them in kneeling before it and praying this prayer.)*

“O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary I beg the conversion of poor sinners.”

### **The Eucharistic Prayer**

*(When Mary appeared to the children for the first time on May 13, 1917, she said, “You will have much to suffer, but the grace of God will be your comfort.” According to Lucia, a bright light shone all around them, and without thinking about it, they all started reciting this prayer.)*

“Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament.”