

February 1st & 8th , 2026

Sunday Bible Reflections by Dr. Scott Hahn
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First Reading: Zephaniah 2:3; 3:12-13| Psalm 146:6-10
Second Reading: 1 Corinthians 1:26-31| Gospel: Matthew 5:1-12

In the readings since Christmas, Jesus has been revealed as the new royal son of David and Son of God.

He is sent to lead a new exodus that brings Israel out of captivity to the nations and brings all the nations to God.

As Moses led Israel from Egypt through the sea to give them God's law on Mount Sinai, Jesus too has passed through the waters in baptism. Now, in today's Gospel, He goes to the mountain to proclaim a new law—the law of His Kingdom.

The Beatitudes mark the fulfillment of God's covenant promise to Abraham—that through his descendants all the nations of the world would receive God's blessings (see Genesis 12:3; 22:18).

Jesus is the son of Abraham (see Matthew 1:1). And through the wisdom He speaks today, He bestows the Father's blessings upon "the poor in spirit."

God has chosen to bless the weak and lowly, those foolish and despised in the eyes of the world, Paul says in today's Epistle. The poor in spirit are those who know that nothing they do can merit God's mercy and grace. These are the humble remnant in today's First Reading, taught to seek refuge in the name of the Lord.

The Beatitudes reveal the divine path and purpose for our lives. All our striving should be for these virtues—to be poor in spirit; meek and clean of heart; merciful and makers of peace; seekers of the righteousness that comes from living by the law of Kingdom.

The path the Lord sets before us today is one of trials and persecution. But He promises comfort in our mourning and a great reward.

The Kingdom we have inherited is no earthly territory but the promised land of heaven. It is Zion where the Lord reigns forever. And, as we sing in today's Psalm, its blessings are for those whose hope is in the Lord.

ENVELOPES FOR 2026 SUNDAY OFFERINGS

Envelopes for 2026 Sunday offerings are at the front of the Church. **PLEASE TAKE ONLY THE BOX WITH YOUR NAME AND NUMBER ON IT.** If you have never used the envelopes and wish to start, please ask for a new box at the Rectory or call (514) 747-4226 during office hours (9am to 2pm) to register. We request all users to please put your name and address on the first few envelopes for the New Year to ensure proper recording. Thank you.

SUNDAY MISSALS

The new 2026 Sunday Missals have arrived. They go into effect the first Sunday of Advent (November 30th). \$5 each.

THE CATHOLIC CALENDAR

The 2026 Catholic Calendar is now available at \$5.00 each.

PRAYER AND BIBLE STUDY GROUP

You are warmly invited to join our Prayer and Bible Study Group starting this September at Our Lady of Fatima Parish! This will be a meaningful and Spirit-filled time to grow in faith, pray together, explore God's Word, and discern His personal message to you. Whether you are new to the faith, prayer, the Bible or have been reading it for years, all are invited. Come as you are, bring a friend, an open heart, and a desire to know Jesus more deeply. We look forward to growing in faith with you!

Sessions will be Every 1st Saturday of month, from 7:30am to 9:45am and the 3rd Friday of the month of the month at 7:30pm. Next session is on February 7th, then February 20th, etc. and onwards! ***For the 1st Saturdays of the month, after the sessions, everyone is encouraged to attend the 10am Mass and Adoration.***

For more info and to register, please call 514-617-4021 or email emiltirona@gmail.com.

OUR LADY OF FATIMA ONLINE MINISTRIES
The Rosary

Emil & Irah Tirona are hosting an online interactive rosary, Mondays at 7:30pm. For those interested, kindly send an email to Emil and Irah (irahtirona@gmail.com), so you may be added to the online invitation. Please call 514-617-4021 if you need any online technical assistance or have questions.

ADORATION

Come spend some time with Our Lord.

Tuesdays 6pm to 7pm (*mass at 7pm*)

Thursdays 8am to 9am (*mass at 9am*)

Fridays 9:30am to 10:30am (*mass at 9am*)

First Saturday of the Month 10:30am to 11:30am (*mass at 10am*)

SAINTLY WISDOM

Saint Joseph was such a great lover of God, but was afflicted by much suffering which he endured with a wonderful fortitude.

- *St. Joseph Sebastian Pelczar*

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed
through the mercy of God rest in peace.

ANNOUNCED MASSES
January 31st – February 1st, 2026

Saturday 4:30 p.m.	Jan. 31st	Sunday Vigil Jones George – For healing – by Reshma Varghese
Sunday 9:00 a.m.	Feb. 1st	4th Sunday in Ordinary Time (Year A) <i>Pro Populo</i>
11:00 a.m.		Candelaria Distor – RIP –by Rudy & Nora
Monday 8:00 a.m.	Feb. 2nd	Presentation of the Lord Sours in Purgatory (Souls Box)
Tuesday 7:00 p.m.	Feb. 3rd	Saint Blase Jones George – For healing – by Reshma Varghese
Wednesday 9:00 a.m.	Feb. 4th	Weekday Constantino Lopez – RIP – by the family
Thursday 9:00 a.m.	Feb. 5th	Saint Agatha Wanda Rewers – RIP – by Connie & Jim
Friday 9:00 a.m.	Feb. 6th	Saint Paul Miki & Companions Jones George – For healing – by Reshma Varghese
Saturday 10:00 a.m.	Feb. 7th	Our Lady's Saturday Matilda & John Aloysius – RIP –by Ramya & Merle Aloysius
4:30 p.m.		Sunday Vigil Aloysius & Theresa –RIP by Raymond Victor
Sunday 9:00 a.m.	Feb. 8th	5th Sunday in Ordinary Time (Year A) <i>Pro Populo</i>
11:00 a.m.		Deceased members of the Pagliaro, Stabile families & Paparelli – RIP – by Anna Stabile
Monday	Feb. 9th	NO MASS
Tuesday 7:00 p.m.	Feb. 10th	Saint Scholastica Jones George – For healing – by Reshma Varghese
Wednesday 9:00 a.m.	Feb. 11th	Our Lady of Lourdes Jones George – For healing – by Reshma Varghese
Thursday 9:00 a.m.	Feb. 12th	Weekday Jones George – For Healing – by Reshma Varghese
Friday 9:00 a.m.	Feb. 13th	Weekday Jones George – For Healing – by Reshma Varghese
Saturday 4:30 p.m.	Feb. 14th	Sunday Vigil Jones George – For Healing – by Reshma Varghese
Sunday 9:00 a.m.	Feb. 15th	6th Sunday in Ordinary Time (Year A) <i>Pro Populo</i>
11:00 a.m.		Dr. Margaret Megelas – RIP – by Lili

THE FIVE PRAYERS OF FATIMA

The Fatima Prayer/Decade Prayer

(Mary told the children that people should add this prayer to the end of each decade of the Rosary.)

“O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.”

The Sacrifice Prayer

(Mary gave the children this prayer, as well as the Fatima Prayer/Decade Prayer, on June 13th, 1917. The prayer is meant to be recited when you are offering up suffering to God.)

“O Jesus, it is for the love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners [that I do this].”

The Pardon Prayer

(This prayer was given to the children by the angel that visited them in 1916, the year before Mary appeared to them.)

“My God, I believe, I adore, I hope and I love Thee! I beg pardon for all those that do not believe, do not adore, do not hope and do not love Thee.”

The Angel's Prayer

(This is another prayer given to the children by the angel. There was a Eucharistic host and chalice suspended in the air, and the angel led them in kneeling before it and praying this prayer.)

“O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary I beg the conversion of poor sinners.”

The Eucharistic Prayer

(When Mary appeared to the children for the first time on May 13, 1917, she said, “You will have much to suffer, but the grace of God will be your comfort.” According to Lucia, a bright light shone all around them, and without thinking about it, they all started reciting this prayer.)

“Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament.”