

June 7 & 14, 2026

Word of the ‘Living Father’: Scott Hahn Reflects on the Solemnity of the Body and Blood of Christ

Copyright 2026 www.salvationhistory.com

First Reading: Deuteronomy 8:2–3, 14–16 | Psalm 147:12–15, 19–20

Second Reading: 1 Corinthians 10:16–17 | Gospel: John 6:51–58

The Eucharist is given to us as a challenge and a promise. That’s how Jesus presents it in today’s Gospel.

He doesn’t make it easy for those who hear Him. They are repulsed and offended at His words. Even when they begin to quarrel, He insists on describing the eating and drinking of His flesh and blood in starkly literal terms.

Four times in today’s reading, Jesus uses a Greek word—trogein—that refers to a crude kind of eating, almost a gnawing or chewing (see John 6:54, 56, 57, 58).

He is testing their faith in His Word, as today’s First Reading describes God testing Israel in the desert.

The heavenly manna was not given to satisfy the Israelites’ hunger, as Moses explains. It was given to show them that man does not live by bread alone but by every word that comes from the mouth of God.

In today’s Psalm, too, we see a connection between God’s Word and the bread of life. We sing of God filling us with “finest wheat” and proclaiming His Word to the world.

In Jesus, “the living Father” has given us His Word come down from heaven, made flesh for the life of the world.

Yet, as the Israelites grumbled in the desert, many in today’s Gospel cannot accept that Word. Even many of Jesus’ own followers abandon Him after this discourse (see John 6:66). But His words are Spirit and life, the words of eternal life (see John 6:63, 67).

In the Eucharist we are made one flesh with Christ. We have His life in us and have our life because of Him. This is what Paul means in today’s Epistle when he calls the Eucharist a “participation” in Christ’s body and blood. We become in this sacrament partakers of the divine nature (see 1 Peter 2:4).

This is the mystery of the faith that Jesus asks us believe. And He gives us His promise: that, sharing in His flesh and blood that was raised from the dead, we too will be raised up on the last day.

FEAST OF IMMACULATE HEART OF MARY

A special mass will be said on **Saturday, June 13th at 10 A.M.**, in celebration of the feast day of the Immaculate Heart of the Blessed Virgin Mary.

THE CATHOLIC CALENDAR

The 2026 Catholic Calendar is now available at \$5.00 each.

PRAYER AND BIBLE STUDY GROUP

You are warmly invited to join our Prayer and Bible Study Group starting this September at Our Lady of Fatima Parish! This will be a meaningful and Spirit-filled time to grow in faith, pray together, explore God's Word, and discern His personal message to you. Whether you are new to the faith, prayer, the Bible or have been reading it for years, all are invited. Come as you are, bring a friend, an open heart, and a desire to know Jesus more deeply. We look forward to growing in faith with you!

Sessions will be **Every 1st Saturday at 7:30am and every 3rd Friday at 7:30pm of every month.** Next sessions are on June 6th, June 19th, etc. and onwards! **For the 1st Saturdays of the month, after the sessions, everyone is encouraged to attend the 10am Mass and Adoration.**

For more info and to register, please call 514-617-4021 or email emiltirona@gmail.com.

OUR LADY OF FATIMA ONLINE MINISTRIES

The Rosary

Emil & Irah Tirona are hosting an online interactive rosary, Mondays at 7:30pm. For those interested, kindly send an email to Emil and Irah (irahtirona@gmail.com), so you may be added to the online invitation. Please call 514-617-4021 if you need any online technical assistance or have questions.

ADORATION

Come spend some time with Our Lord.

Tuesdays 6pm to 7pm (*mass at 7pm*)

Thursdays 8am to 9am (*mass at 9am*)

Fridays 9:30am to 10:30am (*mass at 9am*)

First Saturday of the Month 10:30am to 11:30am (*mass at 10am*)

SAINTLY WISDOM

The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world.

- St. John Paul II

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May their souls and the souls of all the faithful departed
through the mercy of God rest in peace.

ANNOUNCED MASSES
June 6th – June 21st, 2026

Saturday 10:00 a.m.	June 6th	Saint Norbert Raymond Jack – Special Intentions
Saturday 4:30 p.m.	June 6th	Sunday Vigil Kateryna & Tadej Hul – RIP – by Irene Depa
Sunday 9:00 a.m.	June 7th	Body and Blood of Christ (Year A) Jeremiah Sabino - Thanksgiving
11:00 a.m.		<i>Pro Populo</i>
Monday .	June 8th	NO MASS
Tuesday 7:00 p.m.	June 9th	Saint Ephrem Raymond Jack – Special Intentions
Wednesday 9:00 a.m.	June 10th	Weekday Joaquin Tirona - Thanksgiving
Thursday 9:00 a.m.	June 11th	Saint Barnabas Terry Murphy – RIP – by Kathleen
Friday 9:00 a.m.	June 12th	MOST SACRED HEART OF JESUS Peter Chirke – RIP – by Kevin & Linda Piper
Saturday 10:00 a.m.	June 13th	Immaculate Heart of Mary Marie Simmons – Special Intentions
Saturday 4:30 p.m.	June 13th	Sunday Vigil Mary MacDonald – RIP – by Lesly MacDonald
Sunday 9:00 a.m.	June 14th	11th Sunday in Ordinary Time (Year A) Conrado Palanca – RIP – by the family
11:00 a.m.		<i>Pro Populo</i>
Monday	June 15th	NO MASS
Tuesday 7:00 p.m.	June 16th	Weekday Abilio Carvajal & Gilbert Lynes – RIP – by the Lynes family
Wednesday 9:00 a.m.	June 17th	Weekday Thanksgiving to the Blessed Virgin Mary – by the Lynes family
Thursday 9:00 a.m.	June 18th	Weekday Natalie Vill – Blessings – by Jose
Friday 9:00 a.m.	June 19th	Saint Romuald Victorino, Edmar & Daniela Marie Lanzaderas – RIP – by the family
Saturday 4:30 p.m.	June 20th	Sunday Vigil Denis English – RIP – by Connie & Jim
Sunday 9:00 a.m.	June 21st	12th Sunday in Ordinary Time (Year A) Alban de Souza – RIP – by the family
11:00 a.m.		<i>Pro Populo</i>

THE FIVE PRAYERS OF FATIMA

The Fatima Prayer/Decade Prayer

(Mary told the children that people should add this prayer to the end of each decade of the Rosary.)

“O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.”

The Sacrifice Prayer

(Mary gave the children this prayer, as well as the Fatima Prayer/Decade Prayer, on June 13th, 1917. The prayer is meant to be recited when you are offering up suffering to God.)

“O Jesus, it is for the love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners [that I do this].”

The Pardon Prayer

(This prayer was given to the children by the angel that visited them in 1916, the year before Mary appeared to them.)

“My God, I believe, I adore, I hope and I love Thee! I beg pardon for all those that do not believe, do not adore, do not hope and do not love Thee.”

The Angel’s Prayer

(This is another prayer given to the children by the angel. There was a Eucharistic host and chalice suspended in the air, and the angel led them in kneeling before it and praying this prayer.)

“O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary I beg the conversion of poor sinners.”

The Eucharistic Prayer

(When Mary appeared to the children for the first time on May 13, 1917, she said, “You will have much to suffer, but the grace of God will be your comfort.” According to Lucia, a bright light shone all around them, and without thinking about it, they all started reciting this prayer.)

“Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament.”